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DEMENTIA CARE

Activity Programming
Communication
Memory Care Model
Special Issues
Memory & Communication Aids for People with Dementia

Michelle S. Bourgeois, Ph.D., CCC-SLP

Use the communication and memory aids featured in this practical guide to significantly improve the ability of people with dementia and related memory impairments to stay connected, engaged, and functioning at their optimal level of independence. Presenting a wide array of evidence-based examples, Memory & Communication Aids for People with Dementia contains all the information needed to develop personalized supports for any individual and every circumstance.

From low-tech options such as memory wallets, memo boards, planners, and reminder cards to commercial products available through new electronic technologies, these tools help to provide conversation prompts, answers to common questions, and reminders for daily living.

Main Selling Points:
- Practical guidebook that clearly illustrates the research behind and the benefits of memory aids
- The tools not only help enhance communication, they also reduce problem behaviors and help restore users’ self-identity
- Includes visual as well as written aids

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The Best Friends™ Approach to Dementia Care, Second Edition

Virginia Bell, M.S.W., & David Troxel, M.P.H.

Known around the world, this best-selling book brings professional care partners proven advice on how to incorporate the principles of Best Friends™ into the everyday care of people with dementia. Using this care model built on the best qualities of friendship—respect, empathy, support, trust, and humor—readers can ensure the highest quality of life for the people in their care, making each day reassuring, enjoyable, and secure.

In addition to explaining the basic elements of communication and caregiving that are essential to the Best Friends approach, chapters on using the Life Story, creating activities, being successful when behaviors become challenging, getting the best from families and volunteers, and effectively creating and sustaining a Best Friends program guide you in creating an effective, high-quality memory care program.

Main Selling Points:

- Approach emphasizes dignity, empathy, and respect
- Authors are world-renowned in the field of Alzheimer’s care
- Provides specific techniques, tips, and tools for incorporating Best Friends into everyday activities and interactions

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(Previous edition)
Arabic, German, Italian, Spanish
The Best Friends™ Book of Alzheimer’s Activities
Volumes One and Two
By Virginia Bell, M.S.W., David Troxel, M.P.H., Robin Hamon, M.S.W., & Tonya Cox, M.S.W.

Bring out the best in each person with dementia with these versatile, easy-to-implement Best Friends™ activities. These books help users transform the activity programming at nursing facilities, adult day centers, assisted living facilities, or home care settings. Staff, participants, and even family members will all benefit.

With the ideas found in these books, any member of a program’s care staff can turn any interaction with a person with dementia into an activity that helps satisfy physical, emotional, and spiritual needs. In these pages, readers find communication tips, songs and musical tie-ins, opportunities for intergenerational exchanges, and much more.

Planning activities for people with dementia may seem challenging, but The Best Friends Books of Alzheimer’s Activities shows how easy and natural it can be. Each volume has nearly 150 different activities.

Main selling points:
- Includes ideas for creative art projects, interactive games, and evening activities
- Activities are versatile and easy-to-implement
- Satisfies not only physical needs, but emotional and spiritual needs, as well

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German (Volume 1)
Montessori for Elder and Dementia Care

Jennifer Brush, M.A., CCC-SLP

Written by the only Association Montessori Internationale (AMI) Advisory Board Certified Trainer for Dementia and Aging in the U.S., this indispensable guide to Montessori for elders makes it possible for any care provider to understand and implement this innovative approach to aging.

Jennifer Brush shows care communities how to create and sustain a team that integrates the Montessori philosophy throughout daily life and successfully promotes elders’ functional skills, independence, and identity. Based on her years as a researcher, clinician, and educator, Brush clearly explains the concepts behind this highly person-centered approach, how to create a prepared environment, and how to increase levels of life engagement for older adults.

Filled with helpful advice, forms, and ready-to-use activities, this thorough guide is essential in implementing the Montessori philosophy with elders or people living with dementia.

Main Selling Points:
- Discusses the forming of the first Montessori Advisory Group for Dementia and Ageing (MAGDA)
- Accessibly written and richly illustrated with color photographs
- Includes ready-to-use activities and forms
- Author conducts virtual trainings in Australia, E
- A detailed look into the work of MAGDA that is expanded on: https://montessori-ami.org/about-montessori/montessori-dementia-ageing

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Over 50 million people worldwide live with a diagnosis of Alzheimer’s disease or other dementias. Although preventive health measures have lowered the risk of succeeding generations, current aging demographics are expected to continue to cause a rapid rise in the overall population living with the diagnosis for decades to come. Today, segregated living environments for people with dementia have become commonplace though studies have failed to demonstrate evidence to support segregated care.

The debate over segregated versus integrated environments has generated increasing interest, as aged care providers attempt to position themselves for future trends in housing for this burgeoning population. Unlocking the Door reinforces the moral, clinical, and demographic arguments for inclusive communities and provides a roadmap for how such inclusion can be successfully accomplished.

Main Selling Points:
- Dr. Carson has 30 years of practical experience in the fields of long-term care and aging services
- Dr. Power, a geriatrician is author of the bestselling Dementia Beyond Drugs and Dementia Beyond Disease
- Part of an emerging movement around creating inclusive communities outside of aged care settings

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This is May Eiby’s personal account of creating a nursing home and new standard of treatment for people with dementia. The book details Eiby’s inspiration for building Dagmarsminde following the death of her father who suffered from an uncaring health care system. Her experiences led to a personal written account that demonstrates how to reinvent the idea of dementia care from décor to the importance of physical contact and reiterates that those with dementia are treated with the same dignity and quality of life as any other individual.

Told with warmth and humor, Eiby doesn’t back down from offering harsh criticism of the current state of care for individuals with dementia. With her experience establishing her own model of dementia care at Dagmarsminde, Eiby offers a look at what personable care could look like under the best of circumstances. Outlined in the stories of Dagmarsminde’s residents, Eiby’s book serves as a call to action to the medical community to revolutionize treatment of this vulnerable population.

Main Selling Points:

- Told through a personable voice that reflects the authors’ own experiences working with and in the dementia care industry
- Featuring adaptive methods of care for individuals with dementia

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The Validation Breakthrough
Simple Techniques for Communicating with People with Alzheimer’s and Other Dementias, Third Edition

Naomi Feil, M.S., ACSW, & Vicki de Klerk-Rubin, RN, M.B.A.

Validation is a successful way of communicating with older adults with Alzheimer’s-type dementia. It helps reduce stress, enhance dignity, and increase happiness. Since 1989, Validation has helped professional and family caregivers connect with residents and loved ones with dementia by validating older adults’ expressed feelings, rather than focusing on disorientation and confusion.

This international bestseller outlines how to recreate relationships between confused older adults and their caregivers, be caring and non-judgmental, understand and handle challenging behaviors, interpret non-verbal cues in a way that promotes communication, and much more.

There are Validation Institutes around the world (see vfvalidation.org).

Main Selling Points:
- Provides practical tools for improving relations with older adults
- Presents a coherent framework for understanding and handling difficult behaviors
- Promotes respect and compassion

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French, Hebrew, Japanese

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Main Selling Points:
- Contains content that stimulates debate on best practices
- Essential for anyone involved in the care of an individual with dementia
- Provides insight from an internationally acclaimed author

Dementia Beyond Drugs
Changing the Culture of Care, Second Edition
G. Allen Power, M.D., FACP

Reducing the use of psychotropic drugs in the symptomatic treatment of dementia is key to successfully implementing compassionate, person-centered practices in your organization—and this book shows clearly why and how it can be done. The revised second edition of this award-winning resource introduces new research, language, and examples to reinforce the core message that antipsychotic medications are not the solution to ease the distress experienced by individuals living with dementia. Outlined here is the information and inspiration you need to provide alternative solutions for individualized care.

This revised edition introduces new research, language, and examples to reinforce the core message that antipsychotic medications are not the solution to ease the distress experienced by individuals living with dementia, and presents alternative solutions for providing respectful, individualized support and care.

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Main Selling Points:

- Contains content that stimulates debate on best practices
- Essential for anyone involved in the care of an individual with dementia
- Provides insight from an internationally acclaimed author

Dementia Beyond Disease
Enhancing Well-Being, Revised Edition

G. Allen Power, M.D., FACP

From the internationally acclaimed author of the groundbreaking and award-winning book *Dementia Beyond Drugs* comes another eye-opening exploration of how to improve the lives of people with dementia and those who care for them. In this revised edition—including updated facts, studies, and terminology—Dr. G. Allen Power demonstrates how to achieve sustainable success in dementia care by changing the caregiving lens to focus on well-being and the ways in which it can be enhanced in people living with dementia.

Revealing how drug-based interventions, holistic approaches, and even a combination of the two still fall short of addressing and meeting the needs of people with dementia, this book offers a proactive approach—one that challenges accepted dementia care practices and provides a frame-work that can be implemented in any living environment.
Understanding and Preventing Harmful Interactions Between Residents with Dementia

Eilon Caspi, Ph.D.

Professional care providers can learn ways to avoid one of the most difficult and often tragic problems to occur in care settings: When residents with memory loss act in ways that harm another resident. Many of these episodes are preventable. Understanding what may provoke a person with dementia to respond in a physically or verbally harmful manner is the key to prevention and mitigation. This book provides the first care standard for the field, presenting practical tools and instruction on how to identify contributing factors, causes, unmet needs, and triggers that commonly lead to serious distress or injury, sometimes even death.

Emphasizing compassionate, person-directed care practices, Caspi describes numerous psychosocial strategies to prevent and de-escalate situations prior to, during, and after harmful resident-to-resident interactions. Included are dozens of real-life examples illustrating what does and does not work in managing these episodes.

Main Selling Points:

- Addresses verbal and physically harmful behaviors
- Focuses on the experiences and voices of residents affected by these altercations
- Helps inform training programs for long-term care professionals

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One of the secrets to well-being in our later years is continuing to remain engaged with life through meaningful activities. This book promotes successful aging and life satisfaction with a unique collection of activities created to stimulate growth, curiosity, and enjoyment through self-discovery and creative expression.

Designed especially for older adults as well as adult with special needs, the holistic activities in Total Engagement help strengthen physical and cognitive abilities, often both at the same time. They promote well-being by meeting essential human needs for physical, mental, and emotional engagement, and they recognize the supporting role of the environment and social connections in fulfilling these needs. Focusing on the unique benefits derived from the expressive arts—including dance, drama, music, language arts, and visual arts—the book includes 71 innovative activities.

Main Selling Points:
- Encourages exploration and self-expression
- Includes activities for adults with all degrees of mental and physical limitations
- Includes physical activities as well as more traditional arts activities
- Richly illustrated

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The Practice of Social Work with Older Adults
Insights and Opportunities for a Growing Profession
Mary Kaplan, M.S.W., LCSW

With the rapid growth of the aging population, the need for geriatric social workers is at an all-time high. This resource for students and practitioners addresses the demand head-on by illuminating the many opportunities for social workers to provide care management to older adults. Written from a practice perspective by a geriatric social worker with a varied career in the field, this text illustrates strategies and interventions that move theory into real-world social work settings.

In her 40-year career, author Mary Kaplan has participated in every aspect of geriatric social work, including direct services, administration, teaching, research, advocacy, and more. She describes key aspects of the social work role in settings ranging from hospital and community to residential, clinical, and academic. Through personal stories and observations, she also provides a valuable glimpse into each potential career path.

Main Selling Points:
• Provides comprehensive overview of history and current practice of gerontological social work
• Includes stories that demonstrate how theory is put into practice in real-world social work settings
• As a career guide for people considering this work or considering a change of focus within the field

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Unbeknownst to many, bullying is not an experience limited to childhood, but is an epidemic occurring far too often among older adults as well. *Bullying Among Older Adults* is the first resource to address this critical issue, providing the knowledge and tools to recognize bullying and develop constructive ways to intervene and prevent it.

Bonifas draws upon research as well as the voices and actual experiences of both the targets and perpetrators of bullying. She exposes the nature of this phenomenon and then presents positive, proactive ways for community-based or long-term care staff to minimize and prevent it from happening. Filled with practical resources and examples, this book offers effective interventions, including empathy and civility training, empowerment strategies, bystander interventions, and more.

Main Selling Points:
- Examines causes behind bullying behavior and ways to identify bullying aggressors and victims
- Provides practical tools and intervention strategies
- Based on original research in senior care organizations with input from senior care providers and older individuals who have been targets of peer bullying

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Caring for People with Challenging Behaviors
Essential Skills and Successful Strategies in Long-Term Care, *Second Edition*

Stephen Weber Long, Ph.D.

This popular resource provides caregiving staff with even more ways to prevent, reduce, or eliminate challenging behaviors of care recipients. Caregivers will learn how to use this book’s proven intervention tools and strategies to identify and satisfy the basic human needs that underlie challenging behaviors, as well as to encourage and reinforce positive behaviors. Through vignettes, readers learn to understand what triggers and reinforces residents’ challenging behaviors.

Included are downloadable handouts that summarize strategies for intervention, exercises that help caregivers put concepts into practice, intervention and behavior tracking forms, stress-management techniques, and a five-step treatment plan. The simple, practical techniques presented reduce and eliminate challenging behaviors, raise quality of life for care recipients, and transform the overall culture of care.

Main Selling Points:
- Features effective intervention and stress management options
- Teaches staff how to promote teamwork and improve interpersonal relationships
- Includes downloadable exercises, forms, and handouts

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END-OF-LIFE CARE

Dying and Hospice Care

End-of-Life Care
The Hospice Team
Who We Are and How We Care

Chaim J. Wender, D.Min., & Patricia E. Morrison, LCSW

The efficacy of hospice care lies in the careful coordination and individual contributions of the interdisciplinary team members. In this book, 21 personal accounts from 9 disciplines of hospice care express a unifying theme of working together to lessen pain and suffering at a very vulnerable time for patients and their loved ones. The essays also dispel common misconceptions about hospice, including the idea that it supports the hastening of death.

Professionals in hospice care will find valuable affirmation of their work, and anyone interested in pursuing a hospice career will gain insightful perspectives. All readers will discover how the grief, helplessness, and fear that invariably accompany dying and death are lightened by the boundless compassion and caring of these committed team members.

Main Selling Points:
- Narratives written by those who share experience-based insights for delivering hospice care
- Multidisciplinary, representing physicians, nurses, certified nurse assistants, social workers, chaplains, music therapists, and others
- Educational yet personal, written as stories that compel the reader to continue reading

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The End-of-Life Namaste Care™ Program for People with Dementia

*Third Edition*

Joyce Simard, M.S.W.

As the first program created specifically to serve the needs of a very special population, this book offers practical ways for direct care staff to provide holistic end-of-life care for people with advanced dementia. The Namaste Care program affirms the individuality and enduring spirit of each person through comforting and meaningful sensory-based experiences. The program can be implemented with minimal resources and training and meets guidelines for person-centered activity programming. Advice for staffing, budgeting, operating, and marketing the program is included along with detailed information for creating a Namaste Care room or alternative setting.

This new edition adds content on the use of the NamasteCare™ program around the world and the demonstrated efficacy of this compassionate model of care.

**Main Selling Points:**

- Contains international examples of Namaste Care programs and perspectives from Australia, UK, and Europe
- Discusses dying and death to encourage greater sensitivity and understanding of this important passage for residents, their families, and staff
- Includes more stories and vignettes to illustrate creative uses of Namaste Care and improvements in quality of life

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HEALTH SERVICES AND SYSTEMS

Administration and Leadership
Managing Health Services Organizations and Systems

Seventh Edition


A trusted professional reference and a teaching text, the new edition of Managing Health Services Organizations and Systems continues to provide the most comprehensive coverage available of the leadership, financial understanding, and conceptual frameworks required to manage the delivery of health services. Emphasizing quality and performance improvement throughout the organization, the authors explore knowledge and skills required for success in areas that include managerial problem solving, facilitation of change, and ethical and legal responsibilities.

This updated, reorganized, and revised seventh edition contains new content on information technology, artificial intelligence, and financial analysis currently in widespread demand. Case studies with discussion questions sharpen readers’ problem-solving skills while inviting them further into the real world of hospital administration.

Main Selling Points:
- Includes ninety case studies with discussion questions
- Writing style is informative and accessible
- The trusted textbook and professional reference for pre-service and in-service health administrators for decades
- Written, not edited, by two leading authorities—one with legal background and one with financial background

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SOCIAL JUSTICE FOR ELDERS

Fighting Ageism
Disrupting the Status Quo of Senior Living
A Mindshift
Jill Vitale-Aussem, M.M.H., LNHA

Winner of the 2019 Nautilus Book Award for Social Change & Justice and the 2020 Mature Media Award. And selected by the powerful American Association of Retired Persons (AARP) for copublication.

Interweaving research on aging, ideas from influential thinkers in the aging services field, and the author’s own experiences of managing and operating senior living communities, this book challenges readers to question long-accepted practices, examine their own biases, and work toward creating vibrant cultures of possibility and growth for elders.

Filled with empowering stories of elders who find purpose and belonging within their senior residences, this book demonstrates that to truly transform senior living, we must create communities that promote the value of the people who live and work in these settings. Visit: https://mindshift.healthpropress.com/

Main Selling Points:
- Storytelling style draws from author’s extensive experience in long-term care field
- Reveals “disabling” nature of current “hospitality” concepts driving the industry and offers meaningful alternatives
- Emphasizes community-building as a key to effective care

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For professionals in the senior living field, primarily those in leadership roles from corporate to department director levels; also for general audience